



Person Centred Care

Our Person Centred Care training course is designed to help health and social care professionals better understand the essence and significance of this approach. Led by our experienced trainers, you will explore its meaning and legislative context, emphasising the importance of active listening and understanding client preferences.

You'll have the opportunity to witness real-life scenarios to explore your person-centred practices and engage in activities that highlight the importance of involving clients in decision-making. Additionally, you'll learn how to craft meaningful care plans that respect individual choices, while addressing data protection and documentation.

[Learn more](#) >

Learning Outcomes

- Understand person centred values and working in a person centred way
- Understand how to adapt the individual's environment to relieve discomfort or distress
- Discuss the importance of making others aware if their actions cause discomfort or distress to individuals
- Learn how to recognise pain or discomfort in individuals
- Discuss ways to help the individual maintain their identity and wellbeing

Course Content

- **Module 1:** Exploring Discrimination
- **Module 2:** Person Centred Values
- **Module 3:** Person Centred Care Planning
- **Module 4:** Planning for the future
- **Module 5:** Communicating effectively
- **Module 6:** Pain Assessment tools